

SPA TREATMENT MENU
The Essence of Africology
MATETSI VICTORIA FALLS

*Africology: the study of Africa.
A place where we strive for wholeness, acceptance, integrity and truth.*

Partnering with Africology, a leading luxurious, natural, eco-friendly spa & skincare company, allows us to offer a truly authentic African spa experience for the mind, body and soul. Therapeutic in its approach, Africology only uses all-natural ingredients and essential oils. The luxuriant spa products & soothing treatments, inspired by the wisdom of Africa's traditional healers, celebrate our continent's vibrant heritage, communities & plant life and create an elevated natural experience.

"The best moments in life are the ones when we feel most connected to self, in harmony with nature and the world around us."

- Renchia Droganis, Founder & CEO Africology

Call Reception or speak with your Camp Manager to book your treatments



AFRICOLOGY®

BODY TREATMENTS

Africology® Bespoke Intuitive Herbal Oil Massage

You may choose from a range of Africology aromatherapy-infused massage oils, which are warmly applied and massaged deeply onto the body. This therapy works on tight muscles and lymph drainage, combating tension in stiff aching bodies. Massage is combined with herbal bags to improve circulation and absorption of essential oils. Your therapist will assist you in choosing the oil best suited for you from one of the following blends: Relaxing, Slimming Detox, Muscle Relaxing and Energising.

Full body: 90 min | \$120

60min | \$90

Africology® Majestic Awakening

The treatment begins where your neck, shoulders and scalp are deeply massaged, dissipating tension and stress through touch and aromatherapy.

Back, Neck, Shoulder & Scalp: 45min | \$60



Africology® Intonga Amasatchi Massage

We know that the body has a memory of all emotional experiences. An inability to let go often expresses itself in the body that can be blamed for low immunity. Intonga Amasatchi is a deep tissue and stress-relieving treatment. Skillful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick or staff represented wisdom and direction to the healer. Created from yellow wood, the traditional healer knew that the energy of earth was a valuable tool.

Full Body: 75min | \$90



BODY WRAP TREATMENTS

"No act of kindness, no matter how small, is ever wasted." Aesop

Africology® Immune Boosting Mud Wrap

Our vitamin and mineral cocktail is enriched with plant extracts to promote a healthy immune system and is applied as a mud wrap and left to set on the body to stimulate lymph drainage, collagen production and toxin elimination. Not suitable for pregnant clients

120min | \$180

90 min | \$120

Africology® Slimming Detox Mud Wrap

We use an African plant combination infused into a natural mud to help with circulation and lymph drainage. This very effective clay contains L-carnitine and caffeine, which act as fat strippers and mobilisers to stimulate lipolysis. This invigorating wrap begins with stimulating and exfoliating, working on circulation and lymph drainage before the warm wrap is applied and heated. This wrap works particularly well for bodies in need of a detox owing to acidic conditions, arthritis and oedema. Completed with a circulatory massage and energy balancing. Not suitable for pregnant clients.

120min | \$180

90 min | \$120



Africology® African Potato Wrap

Our pure and natural Hypoxis Body Wrap is formulated with African potato and marula oil, warmly applied to soften, soothe and improve skin hydration while also fighting free radical damage. This herbal blend relaxes you on application, while the rich background sounds of Africa help the mind focus on the holistic experience. Enjoy a traditional foot ritual and deeply relaxing scalp massage while the wrap is melted into the skin. Finally, there is a soothing massage with body-conditioning marula oil, which creates a natural barrier to hold in moisture and improve collagen and elastin, to complete the experience.

120min | \$180

90 min | \$120



FACIAL TREATMENTS

“As we let our own light shine, we unconsciously give other people permission to do the same.” Nelson Mandela

Africology® African Goddess Facial

When your primary focus is a facial rejuvenation, but the body is also calling for tender loving care. Our treatment starts with a back and neck exfoliation followed by a muscular releasing massage, melting away tension. We know that a stressed muscular system can place much gravity on the facial muscles; often resulting in sagging skin. This treatment is a wonderful ritual that involves cleansing, massage and sound therapy, making it a sacred and sensory way to celebrate the Goddess within. A woman's breast is sacred, and with your permission your therapist will also work on rejuvenating the skin around this area.

90 min | \$120



Africology® Bespoke Facial

Our facials are bespoke & chemical free, yet performance driven with visible results. Your therapist will analyse your facial needs, take into consideration your expectation and prescribe the correct treatment approach for you. Our focus is always on deep pore cleansing, never stretching the pores or scarring the skin in doing so. Gentle in our approach, we know that hydration and effective supplementation are vital in preserving the skin's youthfulness. Never neglecting the sensitive skin under the eyes, dark circles and the importance of working on lifting and plumping up the skin. Preserving the skin and preventing pre-mature aging is our goal during your facial.

60 - 80 min | \$120

Africology® Express Facial

For those moments when time is challenged but facial renewal and stability is needed. Our 45 min express facial is Invigorating & Harmonising.

45 min | \$

HAND & FOOT TREATMENTS

"Fall in love with caring for yourself." Anon.

Africology® Potato Experience

This relaxing remedy is about treating the skin and nails naturally to keep them hydrated and therefore flexible and strong. An intensely hydrating African potato wrap, blended with natural antioxidants is applied to ensure continued skin health and to rejuvenate the hands and feet. While the wrap sinks into the skin, the shoulders are also massaged.

Africology® Africa Potato Pedicure 80 min | \$60

Africology® Africa Potato Manicure 60 min | \$55

Africology® Manicure & Pedicure Combo 120 min | \$100

Express Treatments

Sit back, relax and soak in the wonders of the African bush, while your hands and feet are pampered. Your treatment will start with a nail cleanse, followed by shape and buff. Exfoliation and a moisturising massage with an African potato wrap will give your hands and feet a fresh feel. During the wrap enjoy a scalp/neck and shoulder massage. Finally, give you fingers and toes a final touch with one of the fabulous colours from our O.P.I. range.

Express Pedicure 45 min | \$40

Express Manicure 30 min | \$30

