

CEDERBERG RIDGE ACTIVITIES

From journeys of discovery to journeys of serenity, Cederberg Ridge Wilderness Lodge offers you a range of activities and excursions to explore the Cederberg on your own terms—seeking out passion and inspiration or moments together as a family.

We invite you to join us on guided excursions into the high Cederberg Mountains or delightful road trips to scenic beach restaurants on the West Coast. Sample world acclaimed wines at the lodge, or lay back and enjoy the velvety star draped Cederberg night sky and storytelling at the fire-pit then retreat into your suite and let us pamper you with a spa treatment.

COMPLIMENTARY ACTIVITIES

Self-guided Walking and Mountain Bike Trails

Our walking and mountain bike trails are easy to follow. Ask for one of our maps at reception and borrow a mountain bike from the car park.

Complimentary Star-gazing

This takes place after dinner every 2/3rd night. The Cederberg is a stargazer's heaven. Throughout the year we have very little cloud cover. Plus, with no large cities nearby we have very little light pollution. Witness the breathtaking clarity of the night sky and learn all about the mysteries of stars and constellations at Cederberg Ridge.

PAID EXCURSIONS AND ACTIVITIES

Included if booked on Full Board & Activity basis

We offer a seasonal programme of activities to take into account both the climate and seasonal attractions. These include a mix of active and more leisurely pursuits. However there's always at least two activities on offer each day, often more.

Guests booked on a DBB basis are welcome to join our activities . Please sign up at reception/office. This is subject to availability of spare places on the excursion or activity. Most excursions or activities have a maximum of 6 to 8 people. Sometimes there is a minimum number of people needed for an excursion. Sometimes the price varies depending on the number of people.

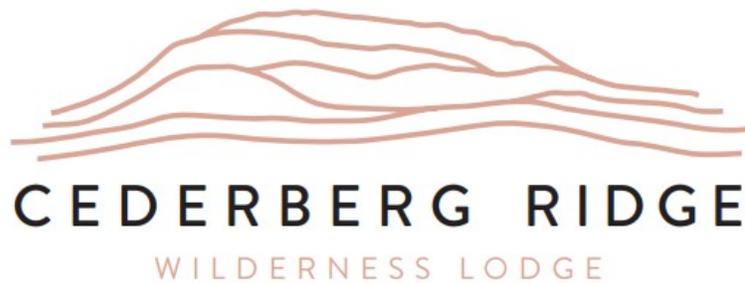
Note: We offer a three day rotating programme so if you stay only 2 nights, you may not be able to do everything mentioned below.

Fynbos and Rooibos Tea farm tour (Half Day)

The Cederberg is in the montane fynbos biome with over 1000 fynbos plant species. It is also home to healthy (caffeine and tannin-free) rooibos tea plant which is actually endemic to the area. Visit the Rooibos tea farm for a wonderful nature tour.

Fynbos and Rooibos tea farm tour

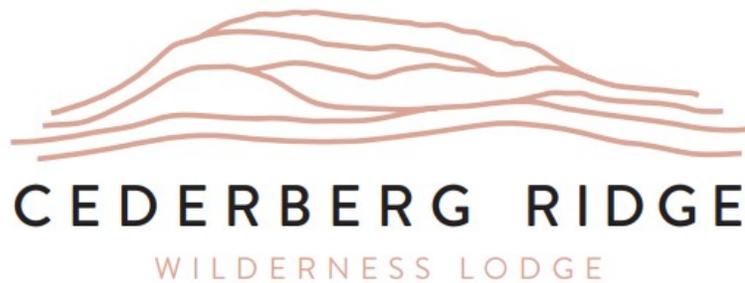
Included: Bottled water, entrances, tea-tasting, snacks



Guided Walks

Enjoy guided walking trails both right from the lodge or in the adjacent Cederberg Wilderness Reserve. Trails range from an easy 45 minutes to a 3-4 hour hike. Why not try our very own Spitzkop peak with its iconic views?

- Farm - Early morning (approx. 1 hour)
 - Farm - (2-3 hours)
 - Farm - 1+ hour walk & sundowners (2½ hours)
 - Cederberg Wilderness Reserve (WR) walk (2½-4 hours)
 - Cederberg WR 1+ hour walk & sundowners
- Included: Snacks and Bottled water. (Plus alcoholic drinks on the sundowner walk)*



EXCURSIONS

Sevilla rock art trail (Half Day)

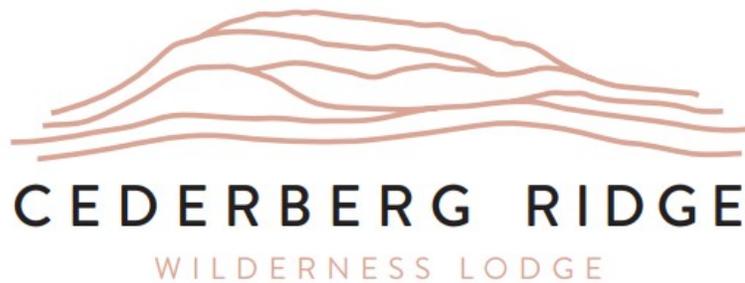
The Cederberg is teeming with remarkable rock art, some 2,500 documented sites – one of the best areas in the World. Discover the history of the San & Khoikhoi people on our guided Rock Art walk. Here you can view these delicate paintings, flowing with movement and life, with no crowds to spoil your quiet enchantment. Learn about the life and culture of the San as well as their beautiful homeland. *Add lunch at Khoisan Kitchen*

Explore the High Cederberg

Enjoy a full day of touring the stunning Cederberg region. Starting with a scenic mountain pass drive, we admire ancient rock art and the Stadsaal rock formations. We stop for a picnic lunch on the river bank, perhaps take a dip in the natural rock pools in summer. Afterwards we taste some delicious award-winning Cederberg Wines at their cellars before meandering homeward.

The exact nature of the tour may vary by season. In summer we may spend time swimming at the rock pools, enjoying a gourmet picnic lunch. In winter, we may visit Kromrivier for lunch and beer-tasting. *Included: Bottled water & soft drinks, snacks, entrances & permits, picnic lunch or lunch*

- Cederberg with picnic lunch
- Cederberg with lunch & beer-tasting at Kromrivier



Explore the West Coast

Or head to the West Coast for a delicious seafood lunch on the beach, visiting a Rooibos tea farm and the magnificent Bird Island en route, with its vast array of gannets and cormorants. This is a perfect excursion for spring, summer and autumn. The exact nature of the tour may vary with the seasons. In summer we spend more time at the coast with a brief visit to a Rooibos tea farm. In spring, we'll enjoy either a fynbos or Rooibos tea tour (approx 1 hour long) then a shorter visit to Bird Island followed by lunch. *Included: Bottled water & soft drinks, snacks, entrances & permits, lunch at Muisbosskerm*

- West Coast with Bird Island
- West Coast with Rooibos or Fynbos tour

Optional Activities

Below are some specialist excursions. These are subject to guide, vehicle and/or boat availability, please enquire at the office/reception. (These aren't included in our Full Board & Activity rates)

High Cederberg – Hike up to Middleburg Waterfalls

This is a stunning scenic drive into the central Cederberg with a 2½ hike up to the Middleburg water falls. Afterwards you enjoy a picnic lunch and optional swim at Algeria.

5-6 hours

Cederberg Heritage Trail

Why not add a night on a slack-packing walking trail. We have joined forces with the Cederberg Heritage Route to offer you a 2 day/1 night overnight hike. We drop you off at the start of the trail and at the end you are brought back to Cederberg Ridge.

2 days/ 1 night on Cederberg Heritage Trail