

AZURA

at *Quilálaea*
PRIVATE ISLAND, MOZAMBIQUE



AFRICAN SPA

Azura offers unique African Spa treatments at the beautiful clifftop spa. Lie back and relax to the calming sounds of the ocean lapping against the headland cliffs, while you indulge in one of our signature treatments.

We use only natural ingredients sourced from the wilds of Africa, for the ultimate relaxing and pampering African Spa experience.

Every treatment starts with a foot bath with scented water, where your therapist will discuss your specific needs and the natural ingredients that will be used.

If you would prefer, you can enjoy most of these world class treatments in the comfort of your own villa, or on your deck, to take advantage of Azura's beautiful romantic setting.

Please book all Spa treatments through the Spa manager or reception.

Relax... Revive...Renew...

BODY SCRUBS AND WRAPS

African full body scrub (45 minutes) \$60

We use a blend of natural African ingredients to gently exfoliate your skin. The perfect pick me up after a long journey, or to help prepare skin for a gorgeous glowing tan.

African beginnings (1 hour 30 minutes) \$100

A traditional African ritual that starts by polishing your skin with crushed wild apricot kernel, specially blended with chamomile, vetiver and eucalyptus to cleanse and refresh and added vitamin E to protect and smooth. This is followed by either a detoxifying and cleansing traditional African mud wrap or a rich and hydrating shea butter wrap. Smooth, glowing skin African style!

Too much fun in the sun (1 hour 30 minutes) \$100

A gentle and soothing treatment, using cucumber pulp to cool and refresh, combined with aloe and rooibos for their healing properties. Then be covered with a hydrating aloe and rooibos gel, cocooned around the body, to calm and cool the skin. Perfect for those with delicate skin or those who have seen a little too much sun.

Slim me down (1 hour 30 minutes) \$160

Feel like you have been over indulging? After an invigorating scrub, a mud which is rich in fat strippers, caffeine and L-carnitine is applied to trigger fatty acid liberation. Combined with essential oils of juniper, clary sage and lemongrass, this detoxifying scrub and wrap literally melts away fat.

Sole to soul (45 minutes) \$60

Total indulgence for tired, swollen and aching feet, especially after a long flight. Your feet are exfoliated, massaged and then cocooned in an African potato wrap to nourish and reduce inflammation.

MASSAGES

Massages are available for 30 minutes (back, neck and shoulders only), or 60 minutes and 90 minutes (full body).

Sensory sensation \$60, \$95, \$120

A gentle, soothing, massage for those who simply want to lie back and relax, using long slow strokes and specially blended aromatic oils.

African harmony \$60, \$95, \$120

Shea butter from Ghana, hard as rock, once applied to the skin melts deeply into the upper layers to hydrate, soothe and condition. Choose from nourishing or stimulating shea butters for our most hydrating massage.

Tribal Traditions \$70, \$100, \$130

A very unique African massage experience where the therapist strokes mimic the beating of African drums, massage staffs hued from local wood are used on both body and face, and African rainsticks leave you with a sense of peace and calm.

Essence of Africa (half hour not available), \$120, \$150

A rhythmical, balancing massage using traditional techniques for a total sense of balance and wellbeing. Different African avocado and shea butter body nuggets are melted and massaged into the body: relaxing for back neck and shoulders, stimulating for the legs to warm the muscles and improve circulation, and clearing for the chest to release tightness and heal. A therapeutic massage that will leave you feeling re-invigorated.

Love me Do \$90, \$150, \$180

This massage makes use of Marula Oil. Recently acclaimed worldwide as Africa's miracle oil and the most potent new ingredient in the beauty industry. It is extremely rare and highly treasured amongst the local community. Often given as a marriage gift, it is famed for its restorative properties, as well as for the promotion of harmony, romance and perfect union. Choose from relaxing African Peace oil, uplifting African Recharge oil, detoxifying African Storm oil or conditioning African Harmony oil.

CLASSIC TREATMENTS

Radiance Facial (1 hour) \$125

Using only natural African products, the skin is cleansed, exfoliated, massaged and treated using a beautifying mask. Our therapists will help you choose between balancing and refining, soothing, rejuvenating, repairing or vitamin boosting.

Classic Manicure (1 hour) \$65

The nails are cut and filed, cuticles pushed back and oiled, hands exfoliated and massaged, and ends with an application of polish. French polish supplement \$10.

Classic Pedicure (1 hour 15 minutes) \$85

The feet are beautified by cutting and filing the nails, pushing back cuticles, removing hard skin, exfoliating and massaging and ending with the application of polish. French polish supplement \$10.

Mini Manicure or Mini Pedicure (30 minutes) \$40

Cuticle work, file and paint.

Reflexology (30 minutes) \$70

Based on time honoured Chinese principles of energy flow and health, through the massaging of specific points on the feet to facilitate the body's natural ability to heal itself.

SPA PACKAGES

Spice route (2 hours) \$200

Take yourself on your own spice journey, as the Queen of Sheba, a regular visitor to these shores in search of pearls, used to do. Our therapist will present you with a tray of spices and advise you on their properties. We then blend them into an exfoliation, body wrap and massage medium. Lie back, relax and allow the fragrance of the spices to transform your world.

African anti-aging body experience (2 hours 15 minutes) \$250

This body experience begins with a marula and walnut scrub to remove dead skin cells and prepare the whole body for the application of the special anti-aging wrap. African ingredients of fynbos honey, rosehip oil, rooibos and African potato nourish, boost skin immunity, and act as anti-inflammatory and anti-oxidant agents. After the wrap has been absorbed, marula oil is gently massaged into the skin to create a natural barrier to hold in moisture.

Azura Total Indulgence (3 hours) \$300

It doesn't get better than this! Your therapist will assess your specific needs and then combine the best of everything offered at the Azura Spa in one long indulgent treatment. It starts with a relaxing footbath, full body scrub and wrap, African facial tailored to your skin type, and then finishing up with a full body massage. Total Indulgence...

Honeymoon Heaven (1 hour 30 minutes, plus 30 minutes relaxation time) \$450 per couple

Be pampered together. For her: this treatment starts with a choice of either a mini facial for a newly married glow, or reflexology to help balance and reinvigorate the body's energy flow. For him: commence with a relaxing African head or foot massage. Our therapists will then combine to give you a couple's Love Me Do massage using Africa's miracle marula oil, famed for its promotion of harmony, romance and perfect union. After this harmonising treatment, relax together on your deck with a glass of bubbly and enjoy the spectacular view out over the ocean. Treatment subject to availability as requires 2 therapists, and takes place in the privacy of your own villa.

Relax... Revive...Renew...

Notes:

- *Surcharge for in villa treatments \$20 per villa.*
- *50% cancellation fee for treatments not cancelled timeously.*
- *Azura's African Spa Treatments are all based on natural ingredients. From time to time these may not be available and substitutions or alternatives may need to be offered. This is to ensure the highest quality offering.*
- *All treatment prices are exclusive of local taxes.*
- *All treatments, and in particular couples treatments, are based on the availability of therapists. Your understanding is appreciated.*

Azura African Spa is owned, managed and operated by Indian Ocean Eco-Islands Limited.