



## Welcome

We hope that your stay will be a very enjoyable one.

### THE MASAI MARA

The Masai Mara boasts 1,672 sq. kilometres of unspoilt wilderness. It offers the best game and bird-viewing not only in Kenya, but anywhere in Africa. The views across the rolling golden grasslands studded with acacia trees and riverine forests are dazzling, the sense of space overwhelming. Throughout the year the Masai Mara is a place of natural drama, a kaleidoscope of colour and life.

Our activities, which include game drives, game walks, spa treatments, hot-air balloon safaris, visits to traditional Maasai Manyattas (homesteads) and our community support projects are designed for you to take maximum advantage of this unique area, its wildlife and its culture. Our staff will be happy to help you to plan your days.

### GOVERNORS' IL MORAN CAMP

The most luxurious camp in our collection, Il Moran, is small and intimate; all ten tents are situated along the banks of the Mara River, nestled amongst the riverine forest. You are staying in what is considered to be one of the **best locations** in the Masai Mara. This unique habitat includes the Mara River, its waters teeming with hippos and crocodiles, to the ancient trees that are home to rare and elusive forest birds and mammals. We are often frequented by herds of elephants and other game who move through camp to browse on the flora that surrounds us or to drink from the river below us.

For your information, safety, and to enhance your stay, we have set out a few details regarding the area, the camp and its activities. Please take the time to read this booklet, as we believe it will contribute greatly to your enjoyment of the Masai Mara.

### GENERAL SAFETY & WILDLIFE NOTICE

One of the special aspects of staying at Governors' Il Moran Camp is that there have never been any fences dividing us from the wildlife, thus making for a unique safari experience. This does mean however, that wild animals can and do wander freely throughout the whole camp at any time.

It is always important to remember that none of the animals that you see in and around camp are tame and that **all wildlife is potentially dangerous and must not be approached or disturbed under any circumstances** and should instead be treated with the utmost respect. Though most wildlife enters the camp after nightfall, guests must be aware of the risks of encountering wildlife at any time and you should be

particularly vigilant of elephants, buffalo and hippo who frequently move through camp due to the proximity to the Mara River.

Our team of rangers who patrol the camp will escort you as you walk between your tent and other areas. In the evening when you are ready to come for dinner, flash your torch around outside your tent to attract the attention of one of the rangers who will come to escort you to dinner. After dinner you will be escorted back to your tent. It is important that you always obey the instructions of the ranger.

## GAME DRIVE ETIQUETTE & COMMON SENSE PRECAUTIONS

There are unique risks associated with being on a safari. Game drives and guided walks are most often conducted over off-road tracks in the presence of wild animals. You have already signed your indemnity form during your check-in briefing, in which you acknowledged that you understood these risks. If you have not signed this indemnity, please advise the manager/receptionist immediately. It is of utmost importance that you follow the few guidelines outlined below in order for you to enjoy a safe safari experience:

- Seatbelts are available for your use on a game drive for your safety and comfort and we recommend that you wear them at all times. You should always remain alert and ready for unseen bumps/holes in the road.
- Only stand in the vehicle when you have been given your guide's consent to do so.
- Do not stand on the seats.
- Do not leave the vehicle unless instructed to do so by your guide.
- Take special care of your belongings when on activities as there is always a risk of something falling out of the car. We cannot be held liable for any damages or losses.
- No smoking in vehicles. This is a consideration to fellow guests and because it is a fire hazard.
- Remember to fill up your reusable drinking water bottle before your activity and take it with you wherever you go.
- It is recommended that you bring your field guide books, checklists and binoculars on drives.
- Please keep noise levels to a minimum to avoid disturbing fellow guests and to avoid chasing the game away.
- Please return to camp with any litter.

Unless you have booked and paid in advance for a private vehicle and guide, guests will be expected to share vehicles. Should you need a private vehicle please consult the manager. As long as availability of guides and vehicles is not a problem, we will try to assist at an extra daily fee.

## “TAKE ONLY PICTURES”

The concept “take only pictures and leave only footprints” is important to us. In this area, no disturbance of flora or fauna, organic or inorganic, is permitted at all.

## ANIMAL CHECKLISTS

Bird, mammal and butterfly checklists detailing the species found in the region are available for your use during your stay. Please ask a receptionist if you do not have one in this folder and feel free to take it with you for the rest of your journey. Your guide will be happy to go through this with you after each game drive and remind you of any birds and animals that you may have forgotten.

## FIRE SAFETY

In over 40 years of operations we have never had a fire in a tent. Nevertheless, some simple safety measures should be observed. In the unlikely event of a fire or if you hear the fire alarm, please evacuate the tent immediately through the front entrance and move a safe distance away from your tent, but please remain within the camp grounds. Do not attempt to return to your tent to retrieve belongings. Our camp staff will escort you to a central assembly area and will deal with the fire as necessary.

## MEALS

All our meal times are very flexible to provide as much time as possible for game viewing. Breakfast and lunch

are served from 8:00 am and 1:00 pm respectively, but please do not feel under pressure to return from a game viewing excursion by these times - we shall serve you breakfast or lunch at whatever time you return. A camp tradition here is cocktail hour, known fondly as 'sundowners' before dinner at around 6:30 pm. This is a great time to meet other guests and share stories of the day around the campfire with your favourite cocktail in hand. 'Bitings' or snacks are served at this time. Dinner is served from 7:30 pm.

We are very happy to provide early mealtimes for children and we have a special children's menu available, please arrange for early meals in advance with reception. Please also advise us of any particular dietary requirements, which we shall endeavour to cater for.

## DRINKING WATER

All of our drinking water is sourced from Reverse Osmosis Filtration Systems. The water is filled into glass jugs for your use in your tent and the dining area. You will have received a reusable bottle as a gift from us at check-in. Please remember to take these with you on ALL of your activities (including ballooning). Your guide carries extra water in his car in order to refill your bottle, please just ask him if you require a top up. You can also refill these directly via the swan tap in your bathroom or from the cold water dispensers next to the bar. Please do not drink the tap water. These efforts form part of our long-term commitment to removing single-use plastics from our properties. Please do not drink water from the other taps.

## BAR

All soft drinks, fruit juices, beer, house wines and house spirits are inclusive at Governors' Il Moran Camp (unless otherwise advised to you by the manager). Top shelf spirits, champagne and liquors are available at an extra cost and will be charged to your tent, and your bill will be prepared for you prior to your departure.

## CLIENTS UPGRADED TO IL MORAN

Under occasional circumstances, clients are upgraded from Governors' Camp or Little Governors' Camp to Governors' Il Moran Camp. In this case drinks are not included in the stay. Clients will be charged directly for all drinks and any extras prior to departure.

## SHOP

Located near the reception is a small shop where you will find guide books, coffee table books, local handicrafts, clothing, jewellery, batteries, toiletries and other items. Any purchases will be charged to your tent and your bill will be prepared for you prior to your departure.

## SPA TREATMENTS

We have fully trained spa therapists on hand to ensure you receive all the pampering that you require during your safari from the comfort of your tent. A spa menu is provided at the back of this folder. Please book all treatments in advance through the reception.

## SMOKING POLICY

We ask that you be sensitive to non-smokers in camp. Please note that we have a strict **No Smoking** policy of both regular cigarettes and e-cigarettes inside our main area, vehicles and guest tents, except on verandas. Ashtrays are provided in your room and from the bar.

With regular cigarettes, the possibility of fire is very real, as the dry African bush ignites very easily and a flash fire can kill wildlife and cause enormous damage, while the use of e-cigarettes on vehicles or in public areas is not allowed as this may impact the experience of your fellow travellers.

## TENT SERVICE

Please do not hesitate to call on any member of staff if there is anything you require during your stay with us.

Your room steward will be available to wake you up with a pot of tea or coffee in the early morning. A member of staff will come to your table at dinner in order to get your wake up time and choice of hot beverage.

## BABY SITTING

We are able to provide babysitters both for the evening and during the day. Please advise the Manager if you would like a night guard to be positioned near to a tent accommodating children, so that you may be called by the guard should the need arise.

## MOSQUITOES & MALARIA

The Masai Mara is considered to be a malarial area and we recommend that you take precautions to ensure that you are not bitten by mosquitoes. The best way to prevent this is to keep your tent closed in the evenings and early mornings, put on effective insect repellent and wear long-sleeve shirts, socks and trousers at night. If you are taking any malaria medication, please complete the course as prescribed by your doctor.

We recommend that when you leave your tent at any time of the day you keep the door screens closed to prevent unwanted mosquitoes, insects and other small animals from entering the tent. It is also a good idea to switch off all interior lights when going to dinner.

Your tent steward will spray your tent with some insecticide each evening during turndown. You will find a can of this insecticide in your tent for your use. Please note this is not to be used on the body as it may cause skin irritation. The window netting used in our tents is mosquito proof.

## HEALTH & CAMP DOCTOR

Ensure that you are suitably protected from the sun by wearing good clothing, sunglasses and sunhats and applying high factor sunscreen, especially when the weather is cool and the power of the sun may not be as apparent. Please remember to stay well hydrated (particularly if you are taking malaria tablets). One can quickly become dehydrated if not careful due to our high altitude (over 5000 ft.) under the intense equatorial sun. If at any point you begin to feel unwell, please inform the manager.

We have a highly trained clinical officer based at Governors' Camp (15-minutes' drive away), who is available should anyone need to consult him. He is available to come to your tent at night should there be an emergency. Please contact a member of staff if you require his services.

## LAUNDRY & TOWEL POLICY

A limited laundry service is available at no extra cost. Please leave any items for laundry in the basket provided in the bathroom, and weather permitting your clothes will be returned to you on the same day (provided it is left for collection before you depart on your early morning activity). Please bear in mind that it is not a specialised facility, and any items requiring special care should not be included. Whilst every care is taken, all laundry is done entirely at your own risk. Be sure to fill in the laundry lists provided with all the details of your laundry.

Laundry soap is provided in a container in the bathroom; this is for you to use to wash your underwear, since local traditions and customs prevent the staff from washing these items. Our towel policy is in line with most high-end eco-friendly establishments. Towel washing consumes an enormous amount of water, and as we try to keep our water usage down to a minimum, we ask you to put only those towels that require washing in the laundry basket and not on the floor.

## SAVING WATER & POWER

We kindly request that you turn off any water taps and light switches when not in use. Turning off lights will also help to prevent unwanted insects being attracted into your room.

## CHARGING

A multi-socket power point is provided in your room to charge camera batteries and the like. The power supply in camp comes from solar panels that supply 240V power. Please do not use any other high-power appliances in your room as the power supply cannot support these. For the use of **hair dryers**, you will find a special plug in the bathroom that can support a hair dryer - please ask your room steward to show you, if you are unable to find it. Please be sure not to use the hair dryer in any other power outlet.

## COMMUNICATIONS

Limited 'bush' WIFI access is available throughout the camp. Simply log on.

## SOCIAL MEDIA

We LOVE hearing from our guests, and there are several ways that you can keep in touch!

- Please check-in via our Facebook pages: Governors' Il Moran Camp (@GIMCmasaimara) and our main page Governors' Camp Collection (@GCCollectionKenya) and tag us in your posts.
- Follow us and tag us on Instagram @governorscampcollection. Please use the hashtags #governorscampcollection in your photos.
- Please review us on TripAdvisor: Governors' Il Moran Camp.

## MOBILE TELEPHONES & OTHER ELECTRONIC DEVICES

We ask that you do not use your mobiles or any other electronic device that produces sound in any of the public areas (which includes the game viewing vehicles). Please be considerate to other guests when using mobile telephones in your tent by using them on 'silent mode'. Please do not play music either as these sounds can only diminish the wilderness experience for you and for other guests.

## PHOTOGRAPHY

Please remember to ask people before you take photographs of them, especially the local Maasai as it is considered polite to do so.

## AMENITIES

We endeavour to provide environmentally sound products that will protect the sensitive environment in which we operate. For this reason, we please ask that guests refrain from using their own products and utilise the amenities that we have on offer.

Please do not remove any amenities from our bathrooms. All these products and more are available for purchase from our gift shop.

## BINOCULAR HIRE

Binoculars are available for you to borrow for the duration of your stay. Please request a pair from the receptionist.

## VALUABLES

Through the years we have built up an excellent staff whom we believe are totally trustworthy. However, in order to remove temptation and avoid embarrassment we would recommend that you place all your valuables in the small safe in your bathroom for safekeeping during your stay. We regret that we cannot take responsibility for any loss or damage to valuables and property. **Please do not forget to retrieve your belongings from your safe on check out.**

Please be aware that occasionally monkeys break into tents. To prevent this, please keep your doors closed

and ensure that any food items and medicines are locked away in a suitcase or another suitable sealed place.

## LOST LUGGAGE

Due to the remote locations of our camps and the costs involved in getting to and from them, we ask you to please make 100% sure that you have all of your luggage, camera equipment, laundry and all other possessions with you when you depart. Governors' Camps cannot take responsibility in reuniting you with the possessions that you leave behind either at the camp, in a vehicle or on a plane. If you do leave anything behind, you will be responsible for all costs involved if you would like us to forward these possessions to you.

## GRATUITIES

Any gratuities are given entirely at your own discretion. If you wish to leave a tip; all camp staff should be tipped communally using the gratuity box that is located in the mess tent. It is suggested that you tip only once - at the end of your stay.

If you would like to leave something for your guide; this should be given directly to him/her when you say your goodbyes.

## SETTLEMENT OF GUEST ACCOUNTS

Shop and bar attendants and other staff are under instructions not to accept cash payments from guests but to ask guests to sign chits which are added to their guest accounts which will be settled on the day of departure. All shop, spa treatments and bar costs will be added to guest accounts and must be settled on the day of departure at the reception desk only. Il Moran accepts most major credit cards (Visa, MasterCard and Amex) as well as cash payments in USD or KSH and M-Pesa.

## CHECK-OUT TIMES

We do not like to ask that you vacate your tent by a specific time on your day of departure. However, since problems may arise when the camp is heavily booked, we would be most grateful if you would check with receptionists should you wish to occupy your tent after 10:00 am.

## PARK FEES

Park fee payments are mandatory for all guests and the tickets entitle the holder to game viewing excursions during daylight hours within the Masai Mara National Reserve. If you are not already in possession of your tickets (which may have been pre-booked by your travel consultant) please arrange to purchase them from the officer of the local county council who is stationed at the Governors' Camp reception desk during the day.

## Activities

### GAME DRIVES

Although game viewing excursions are always good, perhaps the most rewarding times to view game is in the early morning and the late afternoon, i.e. during the cooler hours of the day, when the game is most active. The first game viewing excursion sets off at 6:30 am, just after sunrise, returning to camp in time for our famous open-air breakfast. Another game viewing excursion takes you out at 10:30 am, returning to camp in time for lunch at 1pm.

The final game drive normally leaves at 3:30 pm returning to camp by sunset. Please note that these times are merely guidelines and that all your game viewing activities are very flexible. You may also wish to take a picnic breakfast or lunch for half and full day game viewing excursions. Please arrange this with your guide.

## WALKING SAFARIS

Leave your vehicle behind and get down on the same level with the animals whose spoor you will track. Lead by one of our armed experienced safari guides and a local Maasai scout, these men provide a wealth of information on the sometimes hidden, but always fascinating, interconnected world of the flora and fauna that surrounds you. Experience the untamed beauty of the Masai Mara as you are treated to insights about the traditional medicinal uses of plants and other anecdotes of Maasai life. As you track the game, you will catch the scents and sounds of the African wilderness; ready to uncover whatever it is that awaits you around the next corner. Please note the following:

- Walks are subject to the availability of our guides and can be booked through the reception.
- There is an extra charge for this activity.
- Walks take place in a private conservancy area adjacent to the Masai Mara Game Reserve, where the scenery differs from inside the Reserve and picturesque acacia trees dot the hilly landscape.
- Depart your camp at 06:00 am.
- Expect approximately a 45-minute drive to reach the starting point.
- Expect to walk for between three and four hours.
- Walks end with a sumptuous bush breakfast complete with a glass of bubbly.
- After the walk at approximately 11:30 am you can enjoy some game viewing via the private conservancy whilst heading back to the Masai Mara Game Reserve; arriving at your camp in time to freshen up before lunch and the afternoon game drive.
- Participants in a walking safari should be in good physical health.

## HOT AIR BALLOONING

Our famous Hot Air Balloon Safari outfit has been operating for 40 years now and boasts the most stunning flight path in the whole of the Masai Mara. This makes it one of the top hot air balloon experiences in the world! Our balloon pilots are highly experienced and safety is our number one priority. Ballooning provides a totally different dimension for game viewing. Our balloon safari operates from a natural launch site located behind Little Governors' Camp, which is a ten-minute drive away and can be booked through the Manager. Please note the following:

- There is an extra charge for the Hot Air Balloon Safaris.
- The flight generally lasts an hour (dependent upon winds) giving you ample opportunities for photography from this unusual and exciting perspective.
- After landing there is a traditional toast with a glass of bubbly, followed by a full English breakfast cooked on the balloon burners in the middle of the rolling plains of the Masai Mara.
- The balloon safari ends with a leisurely game drive which often allows you to revisit some of the animals that you saw from the air, before our vehicles return you to your camp.

## BIRDING

The location of Little Governors' Camp, nestled amongst the riverine forest overlooking the marsh and plains, makes it a birder's paradise. Bird checklists are provided for you in this folder and bird books are available in the bar area. All you need is a pair of binoculars and you can begin ticking off a plethora of easily identified species. Bird watching can be enjoyed throughout the day and you may prefer to do this instead of a mid-morning game viewing excursion. For the real bird enthusiast, it may be possible to arrange a game viewing excursion with one of our bird specialists.

## COMMUNITY TOURISM

- **MAASAI CULTURE:** We have a very close and long-standing relationship with the Maasai community in the area, going back almost 50 years. If you wish to visit a traditional Maasai manyatta (homestead) please arrange this at reception. Our receptionists will provide you with an official ticket granting you entry to the manyatta. This ticket system ensures all revenue from visits reaches the manyatta residents. We are also able to organise a talk or simple lecture about Maasai culture in the camp. This talk is given by one of our Maasai guides.

- **EDUCATIONAL, SOCIAL AND ENVIRONMENTAL PROJECTS:** The Governors' Camp Collection is involved in a diverse range of Community Support and Conservation initiatives in the Masai Mara, Laikipia, Lake Naivasha, Nairobi and Rwandese areas of our operations. These initiatives have been in place and on-going for over 20 years.

## SAFARI SPA

We have specialised treatments designed to relax, refresh and rejuvenate you. A range of massages, facials, body scrubs, manicures and pedicures are all available from the comfort of your room. Please find a list of our spa treatments below. Please contact the manager to book treatments.

## Spa Treatments

After a long flight, game drive or bush walk immerse yourself into the tranquil world of your Masai Mara surroundings while our fully-trained spa therapists pamper you using the finest products by Terre D'Afrique, Wild Earth Botanics, or Cinnabar Green ensuring that you emerge feeling totally relaxed and recharged.

### *Terres D'Afrique Facials*

**AFRIQUE AWAKENING \$55** | One-hour treatment. Hydrating, detoxifying and anti-ageing; African botanicals, enhanced by signature massage techniques, smooth away the signs of life's jet lag, leaving your skin feeling refreshed and radiant.

**AFRIQUE ARISING \$55** | One-hour treatment. By stimulating the blood flow to the skin, the Afrique Arising massage technique allows the omega oil-rich Terre D'Afrique oils and hyaluronic acids to rehydrate and regenerate the deep layers of the skin. Vitamins from the baobab work to restore the skin's elasticity, leaving it supple, plumped and smooth to the touch.

### *Body treatments and massages*

**INDIAN HEAD MESSAGES \$45** | 45-minute treatment. A treatment based on old Ayurvedic techniques, involving work on the upper back, shoulders, neck, scalp and face; using Wild Earth Botanic's 100% pure, virgin **coconut oil**. It helps to reduce stress, fatigue, and eyestrain, while increasing mental clarity, relaxing and rejuvenating the receiver. A perfect wind-down after a long day of lifting heavy camera equipment.

**THE MASAI MARA CLASSIC \$50** | One-hour treatment. A classic Swedish massage designed to ensure total relaxation using Cinnabar Green's specially formulated, fragrance free blend of avocado, macadamia and sunflower oils. Just select which of our range of essential oils you would like to have added to the base oil that best suits your mood.

**AROMA CLASSICAL MESSAGES \$60** | One-hour treatment. Our aromatherapy massages combine the natural therapeutic properties of essential oils and the healing power of massage therapy. Choose your blend of African essential oils and relax into a gentle massage using nurturing long strokes.

### **Uplifting | Energising | Detoxifying | Relaxing | Invigorating**

- ❖ **Tropical Dusk:** This tropical blend of Madagascan ylang ylang, tropical basil and bourbon geranium is designed to uplift your mood and chase away negative thoughts.
- ❖ **Island Greens:** This energizing blend of Madagascan citronella and zanampoly combined with hints of ginger and lime will boost your energy level.
- ❖ **Fynbos Crush:** Using Buchu; South Africa's most famous indigenous health tonic, combined with Madagascan black and pink peppers, this blend will activate circulation and detoxify your body.

❖ Savannah Dew: This relaxing medium is made from a grounding blend of katrafay, vetiver, cardamom, ravensara and ylang ylang. The aroma is stunning.

❖ Moroccan Garden: Inspired by Morocco, this blend of cedar wood from the Atlas Mountains, Moroccan cypress, peppermint and wild African sage has invigorating properties.

**DEEP TISSUE MASSAGE** \$65 | One-hour treatment. A focused and intensive massage that is true to its name. It is ideal for the relief of stiff aching muscles, detoxification and stimulation of circulation. We use Terre D'Afrique's specially formulated essential oils of katrafay and ravensara to help relieve muscle tension and reduce inflammation.

**HOT STONE MASSAGE** \$85 | 90-minute treatment. This treatment is used to promote deep relaxation, improve circulation and promote healthy sleep. It uses two powerful stress-busting components: heat and traditional massage techniques. The heat is derived from the use of smooth, flat, carefully heated stones which are placed at key points along the body. Other stones are held by the masseuse and used to work the muscles. This treatment is helpful for those seeking to lower stress and relieve pain.

**SHEA PERFECTION** \$85 | 90 Minute treatment. Shea butter is justifiably described as a superfood for skin. Wild Earth Botanic's handmade Shea Butter from Uganda melts into a golden oil, unimaginably rich and generous to the skin. A slow, deep-massaging action results in profound relaxation, while the essential fatty acids and vitamins rehydrate, recondition and revitalise your body from head to toe. Shea butter contains cinnamic acid, which protects the skin against the harmful UV rays of the sun, it has been known to restore skin elasticity and prevent premature wrinkles. This Shea butter has a lovely nutty woody smell and is absorbed quickly into the skin. Suitable for all skin types, particularly sensitive skin.

**COCO BLISS** \$85 | 90-minute treatment. Begin with a full-body exfoliation using TDA's aloe body scrub as we prepare your skin for absorption of Wild Earth Botanic's 100% pure, virgin coconut oil ready to melt antioxidants and vitamin E straight into your skin with just a hint of its natural sweet coconut fragrance. The soothing hands and hand-carved wooden *TriTouch* drains the lymph into the lymph nodes. Stimulation to pressure points applied using the *TriTouch* along the body's meridians activates the body's natural curative abilities.

### *Body scrubs*

**MYRRH BODY SCRUB** \$60 | One-hour treatment. Scented with natural sweet myrrh, this scrub sloughs away dead cells leaving the skin soft and refreshed. After a gentle exfoliation, your skin is ready for the moisturising and healing properties of the rich Terre D' Afrique Omumbiri Body Butter; A luxurious, rich body butter fragranced with exotic omumbiri. This non-greasy formulation rejuvenates, moisturises and softens skin. *With coconut Shell, Rooibos leaves & baobab Oil.*

### *Body masks and massage combinations*

**TERRE BLANCHE BODY MASK** \$85 | 90-Minute treatment. A detoxing and soothing body mask that uses Bentonite clay, combined with Southern-African buchu and *Aloe ferox*, to work in harmony with deeper layers of the skin, removing heavy metals and toxins leaving your skin soft and smooth to the touch. Recommended for sensitive skin, dry irritated skin or skin suffering the stresses of sunburn. *With Bentonite clay, Buchu & Aloe ferox. Followed by a full body massage.*

**TERRE ROUGE BODY MASK** \$85 | 90-Minute treatment. An anti-aging body mask that combines the antioxidant-rich plant extracts of rooibos and baobab fruit, with the natural moisturising oils that are contained in this unique body mask to help reduce the negative effects of free radicals and inflammation. Recommended for mature skin, skin that's been exposed to the sun's UV rays, high- stress living and the harmful pollution of city lifestyles. *With Rooibos and Baobab. Followed by a full body massage.*  
Governors Hand & Foot Rituals.

## *Governors' hand and foot rituals*

**'SOLEFUL' SPA PEDICURE** \$35 | 45-Minute treatment. Relax from your soles up as your feet and lower legs are soothed and stimulated by a classic pedicure. Feet are soaked and scrubbed using TDA's aloe body scrub, nails are clipped, cleaned, shaped and filed, calluses and cuticles are eliminated. Feet and lower legs are massaged with a unique moisturiser lotion. Finish with a polish of your choice.

**GOVERNOR'S SIGNATURE MANICURE** \$25 | 30-Minute treatment. This 30 minute safari manicure includes a hand soak, nail shaping, cuticle care, buffing, a relaxing hand massage and long lasting polish of your choice. Buffing to a natural gloss is available if you do not desire polish.

## *Spa etiquette*

### **ARRIVAL**

We ask that you arrive at your appointment 10 minutes prior to your booking time in order for you to complete a consultation card and discuss your treatment with the therapist. A late arrival may mean a shorter treatment in order for us to accommodate other guests fairly.

### **BOOKINGS**

Treatments must be booked in advance through the manager/reception. If you would like to add beverages to your treatment, these should also be requested for in advance at reception.

### **CANCELLATION**

We require at least four hours' cancellation notice. Guests who do not honour this request will be required to pay 50% cancellation fee for the treatments booked.

### **CELL PHONES**

Kindly turn off mobile phones to ensure complete relaxation for yourself and other guests

### **CONSULTATION**

Please inform your therapist of any medical conditions, allergies, intolerances or needs before your treatment. Please note certain spa treatments are regrettably not permitted for pregnant women. Please inform the therapist if you may be pregnant.

### **PAYMENT**

All prices are in USD. Your treatment bill will be added to your final room account, and should be settled on check out at the reception along with any other bills that you may have.

### **VALUABLES**

We do not accept liability for your valuables whilst visiting the spa.

### **WATER**

It is important to drink plenty of water to continue to flush out the toxins in the muscles after any massage treatments.

*We sincerely hope that you enjoy your stay with us at Governors' Il Moran Camp. Please sign our visitor's book on your day of departure and the camp manager will gladly receive any suggestions and recommendations that you may have during the course of your stay with us.*