



ESSQUE

ZALU ZANZIBAR



THE MAASAI RITUAL

# A MULTI-SENSORY DELIGHT

Ceremonies and rituals among the Maasai are a very essential part of their culture and lifestyle. With our Maasai Ritual, our aim is to, quite simply, take you on a renewal journey deeply immersed in the traditions sights and sounds of the Masaai culture in Zanzibar.

## FOOT RITUAL

Using a fresh coconut and sand scrub, followed by a light foot massage with fresh lime, coconut and lime essential oil. The welcome into the Masaai Ritual, leaving your skin smooth. This treatment helps to immediately release tension by working on reflexology points as well as reduce muscle pains.

## SINGO SCRUB & AROMATHERAPY

The Singo Body scrub is a traditional ritual in Zanzibar, usually administered to a young woman before the wedding day. Using African ingredients like Moringa leaves, cinnamon powder, ylang ylang and raw sugar, all blended in a 'kinu' traditional blender with rosewater. This scrub will leave your skin exfoliated, glowing and smooth.

The above is followed by a 45 min aromatherapy massage, using a delicate combination of coconut, citronella, cinnamon and orange essential oils.

## AFRICAN FACIAL

Intense rejuvenation. This facial de-stresses, re-balances and hydrates your face with pure natural oils and botanical wonders. Fresh yoghurt cleanse, followed by a cucumber tonic, raw sugar gentle scrub and finishing with a full facial massage with 100% natural moisturizer.



For more information please contact the Navigator on extension 0 or our Reservations team at [reservations@essquehotels.com](mailto:reservations@essquehotels.com) or +255 778 683 960

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