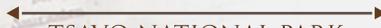




FINCH HATTONS



TSAVO NATIONAL PARK

# CHYULU HEALTH & WELLNESS SPA

## Treatment Menu

## SPA THERAPIES

### **INTONGA AMASATCHI**

A deep tissue & stress-relieving treatment. Skillful movements performed with the hands and different sized wooden sticks to stretch tight muscles and ease toxic overload. The stick or staff represents wisdom and direction to the healer in African symbolism.

**75 mins: \$100**

### **SOUL OF TSAVO**

For tight muscles and lymph drainage to combat tension by using a combination of herbal bags and rhythmic hand movements. Choose the best oil suited for you: Relaxing, Slimming Detox, Muscle relaxing and Energising.

**45/60/90 mins: \$60/\$75/\$95**

### **SHETANI HOT STONE**

Gathering energy from the volcanic lava that purifies the Mzima springs, this treatment provides deep tissue pressure & breaks up the knots of tension while using volcanic stones to infuse warmth into the muscles.

**60/90 mins: \$80/\$95**

### **CHYULU SHEA AROMATHERAPEUTICS**

Soft shea butter, African potato, rooibos and natural essential oils blended to create a sublime experience. Combined with a selection of essential oils; exotic jasmine, neroli or chamomile for a soothing massage or black pepper balm for a deep tissue experience.

**45 mins back, neck and shoulder: \$90**

## EXFOLIATION & BODY WRAPS

### **RENEW -FULL BODY EXFOLIATION**

Our carefully selected Marula and Walnut scrub, enveloped by our hydrating Shea butter, ensures your skin cells are evenly exfoliated whilst receiving maximum nutrition.

**45 mins: \$40**

### **RELIEVE – ROOBOIS AND LAVENDER CLAY WRAP**

Start with a full body exfoliation followed by our Rooibos & Lavender Clay Wrap. Great for skin conditioning and relief from sunburn. The combination of plant oils and extracts leave the skin feeling smooth and refined while stimulating blood and lymphatic flow.

**90 mins: \$80**

### **SOOTHE – AFRICAN POTATO**

A full body exfoliation followed by our pure and natural Hypoxis Body Wrap. Formulated with African potato and marula oil to soften, soothe and improve skin hydration while fighting free radical damage. This herbal blend relaxes you, while the rich background sounds help the mind focus on the holistic experience. Enjoy a deeply relaxing scalp massage while the wrap melts into the skin.

**90 mins: \$80**

### **COMBINE EXFOLIATION, WRAP & HERBAL OIL/SHEA MESSAGES**

**120 MINS: \$160**

## HAND & FOOT RITUALS

### **MZIMA HAND AND FOOT RITUAL**

For a beautiful ritual from the high-energy nature of Tsavo, join us for an experience with a difference. Your hands or feet will be massaged, your nails shaped and your skin richly hydrated with our all-natural products designed to undo environmental damages to your skin.

**Manicure 60 mins: \$45**

**Pedicure 60 mins: \$45**

### **MZIMA AFRICAN POTATO EXPERIENCE**

A relaxing remedy to treat the skin and nails and keep them hydrated, flexible and strong. An intensely hydrating African Potato wrap with natural antioxidants to ensure continued skin health and rejuvenate the hands and feet followed by a full manicure/pedicure. Enjoy a shoulder massage while the wrap sinks into the skin.

**Manicure 60 mins: \$45**

**Pedicure 60 mins: \$55**

## COUPLES TREATMENT

### **MAPENZI EXPERIENCE (DEVOTION JOURNEY)**

Enjoy total relaxation in the sacred space filled with divine intention to be shared with the one you share a spiritual journey with. Side by side we will work on your aching muscles; this includes a foot, back, neck and shoulder massage followed by a private hammam session.

**90 mins: \$140 per couple**

## FACIALS

### **AFRICAN GODESS FACIAL**

This treatment is designed to honor the goddess within. Our anti-aging, de-stressing, cell-renewal facial is rich in natural oils. Deeply hydrating, it restores elasticity and stimulates new cell growth. The facial begins only once the back is scrubbed and massaged back to its relaxed state using an infused balm. The treatment is a wonderful ritual that involves cleansing, massage and sound therapy, making it a sacred and sensory way to celebrate the Goddess within.

**90 mins: \$110**

### **AFRICOLOGY BESPOKE FACIAL**

Our Bespoke facials are designed specifically with your individual needs in mind. We offer a variety of serums to address particular skin issues. Depending on which serum you choose (with the guidance of our trained therapist), each facial is tailor made. Like the phases of the moon, we like to keep the hormonal phases of the body in natural rhythm. Just as your eyes are the windows to your soul, your face is the mirror of your inner feelings, the image you present to the world. No two faces are the same, and so here at Chyulu Spa, we acknowledge the need for skin treatments that are designed with your skin's needs in mind.

**45/80 mins: \$60/\$100**

**For more details or to make a booking, please contact our front desk or speak to our spa team directly.**

