

NOORDHOEK BEACH HOUSE

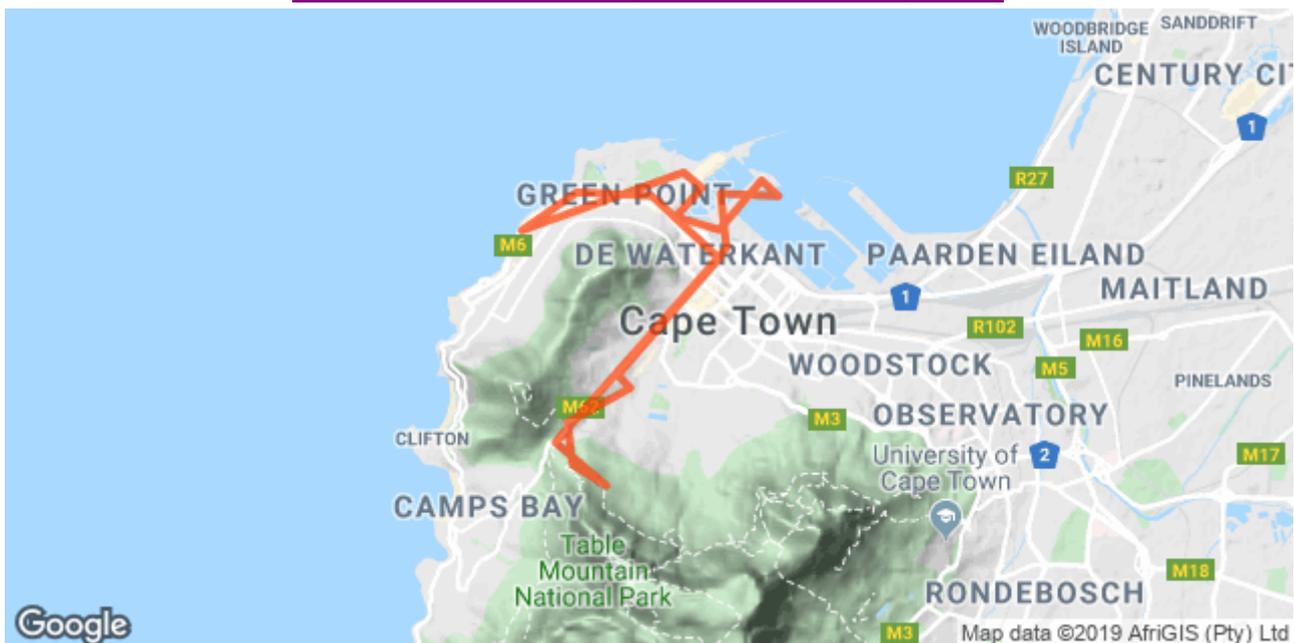


Urban Cape Town Family Fun Wild Child

Summary

Beginning at Sea Level and ending 1085 Metres higher on Table Mountain, this day focus on exploring the Atlantic Seaboard in a fun and engaging way for children. Following in the footsteps of 'Stan the Strandloper' we will take in the city sites before seeing them from a different perspective on the mountain top.

[Click here to view your Virtual Day Tour](#)



About Our Tours

Flexibility - adaptable on an hour to hour basis to suit your clients' needs and changing weather conditions throughout the day. Where you go and what activities you do are up to you.

Adventure Utility Vehicle (AUV) – Our vehicle comes equipped with stand up paddles, mountain bikes, pre-packed hiking packs, surfboards and a fully stocked gourmet pantry with drinks included.

Top Adventure Guides - Viewed as the best in Africa in their specialist fields, our guides have a wealth of experience and stories to tell.

NOORDHOEK BEACH HOUSE

The tour shown is only an example, more or less can be done on the day. Click on the activities list and map for more information.

Activities

- SUP the City - Family Stand Up Paddle the V&A Waterfront (Esc+Exp)
 - Explore - Family Urban Exploring Sea Point Promenade Art Installations & Biodiversity Gardens (Esc+Exp)
 - Lunch - Cafe Paradiso, Kloof Nek (Esc+Exp)
 - Hike Table Mountain the Easy Way - Family Cable Car plus Hike to Maclear's Beacon (Esc+Exp)
-

Optional

- SUP Camps Bay - Family Stand Up Paddle in Tidal Pool (Esc+Exp)
-

Description

The day will begin by Stand up Paddling and Shell collecting at Camps Bay Tidal Pool. The perfect spot for new comers and youngsters to learn how to SUP, in a safe and idyllic location by the Atlantic Sea.

We will then commence a Treasure Hunt in the footsteps of 'Stan the Strandloper'. This is a fun and engaging 3-5 km treasure hunt along the Atlantic Seaboard, using a GPS and Treasure Map the children follow various clues between the art works on the Sea Point Promenade.

At the Green Point Biodiversity Garden the children will be able to taste and sniff all kinds of fynbos to create their own brew under the guidance of the guide.

Stopping for a fun lunch at the family orientated Cafe Paradiso (where the children can head into the kitchen and make their own pizzas!) we will summit table mountain taking in the 360 views while tracking Dassies (Mountain Rock Rabbits) that can often be spotted on the table top. We will finish the day with an afternoon tea picnic.

NOORDHOEK BEACH HOUSE

SUP the City - Family Stand Up Paddle the V&A Waterfront Canals (Esc+Exp)



Kids will have a fantastic time on the water with our Stand Up Paddle boards through the safe canals of the V&A Waterfront in the city or the calm tidal pool in Camps Bay. If fishing is their thing, drop a line to try and catch canal fish and perhaps explore rock pools nearby. Once they've mastered basic sea skills, they'll be ready to become a Strandloper Tracker. We'll hand over a treasure map and GPS and set course for the

Sea Point Promenade to continue our adventure.

Bike - Family Urban Exploring Sea Point Promenade on Cruiser Bikes (Esc+Exp)



A fun way to explore this lively stretch of the Atlantic Seaboard is to set off on an interactive expedition along the Sea Point Promenade. Hop on a bicycle at the Sea Point Promenade Bike Station, for a relaxed ride along the prom. Here kids can use their interactive map to find local art installations, look out for the Mouille Point Lighthouse and learn about the exciting stories of the ancient strandlopers. After

finishing your cycle drop off your bikes at the Silo District in the V&A Waterfront. From here explore the V&A Waterfront including the stylish local crafts and designs at the Watershed, while your guide collects the tour vehicle to continue your adventure.

Lunch - Child cooking projects at Cafe Paradiso, Kloof Nek (Esc+Exp)



Café Paradiso is a laid-back and rustic garden restaurant just off the winding roads up above the city. Much of its fare is produced on site and wherever possible, chefs take advantage of the abundance of locally sourced fresh ingredients to create a huge variety of local flavours and more exotic dishes. Established almost three decades ago, Café Paradiso is much loved by Capetonians and has earned

its place as a favourite spot to take a break from the city and relax over a wholesome lunch.

NOORDHOEK BEACH HOUSE

Hike Table Mountain the Easy Way - Cable Car & Family Hike to Maclear's Beacon (Esc+Exp)



At the very top of Table Mountain is Maclear's Beacon – the highest point of all. We'll take the cable car both ways and enjoy the views while our guide brings Cape Town's incredible history to life. The kids will enjoy tracking dassies, and will be fascinated by these furry rodents – more so when they learn that these rock rabbits are actually the closest living relatives of the African elephant!

SUP Camps Bay - Family Stand Up Paddle in Camps Bay Tidal Pool (Esc+Exp)



shallows – always intriguing for kids of all ages.

Includes

Private Adventure Guide / Driver

Exclusive Use of Adventure Utility Vehicle

Adventure Equipment - SUP Boards, Safety Gear & Hiking packs

Drinks - Soft Drinks, Beer, Wine & Selected Spirits

Gourmet Pantry - selection of snacks and picnic items

Unlimited travel in and around Cape Town, including as far as Winelands & Hermanus

Onboard WiFi

Excludes

Surf Board, Wetsuit and Tuition – available at R550

Mountain Bike – available at R900 per person

Additional restaurant meals and wine farm supplied picnics

NOORDHOEK BEACH HOUSE

Entry, Attraction Fees and Park Fees – e.g. Aquarium & Cable Car

Adventures beyond 100 km radius of Cape Town - e.g. Cape Agulhas, Ceres & Orange River

Additional Information

Flexibility - adaptable on an hour to hour basis to suit your clients' needs and changing weather conditions throughout the day. Where you go and what activities you do are up to you.

Adventure Utility Vehicle (AUV) – Our vehicle comes equipped with stand up paddles, mountain bikes, pre-packed hiking packs, surfboards and a fully stocked gourmet pantry with drinks included.

Top Adventure Guides - Viewed as the best in Africa in their specialist fields, our guides have a wealth of experience and stories to tell.

The tour shown is only an example, more or less can be done on the day. Click on the activities list and map for more information.

Departure Times

Flexible, the earlier the better

Duration

8 – 12 Hours