

Please find below sample full board menu for Livingstonia Trail

Day one

Breakfast: N/A

Snacks: Home-Made Biscuits, Peanuts, Water

Lunch: Sandwich x2, Apple x1, Water

Snacks: Home-made Biscuits

Dinner: 1. Tomato Soup + Dinner Roll, 2. Beef Curry, Potato Mash, Peas, Carrot Sticks, 3. Crepes Suzettes + Butterscotch Sauce, Tea/Coffee/Hot Chocolate.

Day two

Breakfast: Bread toast, Eggs, Weet-bix, Sausages, Rice Crispies, Tin Fruits Cocktail, Breakfast Juice, Butter, Honey, Jam, Milk, Sugar

Snacks: Home-Made Biscuits, Peanuts, Water

Lunch: Cornish Pasties x2, Bread Roll, Classic Tomato Salad, Orange, Water

Snacks: Home-made Biscuits

Dinner: 1. Corn-Chowder Soup + Grissin Sticks, 2. Tuna Pasta + Tomato Onion Sauce, 3. Chocolate Muffins + Custard

Day three

Breakfast: Bread toast, Eggs, Weet-bix, Sausages, Rice Crispies, Tin Fruits Cocktail, Breakfast Juice, Butter, Honey, Jam, Milk, Sugar, Oats Porridge

Snacks: Home-Made Biscuits, Peanuts, Water

Lunch: Individual Quiches x2, Coleslaw Salad, Bread Roll, Apple, Water

Snacks: Home-made Biscuits