



ELLERMAN HOUSE

SPA PRICELIST

FACIALS

!QMS Medicosmetics

This elite medical skincare range is based on research led, collagen enhancing technology to create a bespoke regenerative skincare system. It is formulated by Dr. Med. Schulte, an aesthetic surgeon, lecturer and international authority on skin ageing and skin regeneration.

Ellerman House Signature Facial by !QMS	110 minutes	R 2800
Skin Cell Renewal Treatment With Oxygen	110 minutes	R 2300
Pure Oxygen Facial	90 minutes	R 2300
Neo Tissudermie	90 minutes	R 1850
Sensitive Rebalance Treatment	90 minutes	R 1850
Activator Treatment	90 minutes	R 1850
Collagen Rejuvenation	90 minutes	R 1850
Pigment Corrector with Oxygen	90 minutes	R 2200
SK-Alpha Treatment	90 minutes	R 1850
Urban Repair Treatment with Oxygen	90 minutes	R 2300
Oxygen (add on)		R 450

Environ

The ultimate in advanced Vitamin Therapy, Environ facials combine scientifically advanced skin care products with the revolutionary DF machine to ensure visible results

Enhancing Vitamin Therapy	90 minutes	R 1850
Purifying Vitamin Therapy	90 minutes	R 1850
Ultimate Vitamin Therapy	90 minutes	R 1850

BODY TREATMENTS

Sea Salt Scrub & Massage

This stimulating exfoliation, followed by an hour relaxing body massage with aromatherapy oils will leave your skin silky smooth.

90 minutes R 2050

Healing Earth Marula & Neroli Scrub and Massage

Healing EARTH™ products are pure, containing no artificial colours, chemicals, parabens, petrochemicals, synthetics or other harmful ingredients. Only pure organic botanicals and indigenous plant extracts are used in our holistic collection of products. We support local organic farming and use only pure, organic essential and indigenous oils and natural active ingredients.

This body polish and marula and neroli oil combination give your skin a natural glow. This soft scrub is great for sensitive skins and the balm will nourish and restore dry skin.

90 minutes R 2050

Body Bronzing/Vita Liberata

Allow 8 hours after treatment for development before showering. After a full body scrub, Vita Liberata is applied using a special spray tan system. This treatment can also be done as a manual application. Average duration is 8-10 days. Vita Liberata is quick drying, non-toxic and hydrating. Spray or manual application.

90 minutes R 1200

MASSAGE THERAPY

Traditional Japanese Body Work

Body work using no oil, Anma involves gentle stretching mobilisation and deep pressure on the neuro lymphatic points. The treatment aims to bring wholeness and balance to the body.

60 minutes R 1700
90 minutes R 2000

Swedish

A full body massage based on classic European massage techniques using long, smooth strokes to relieve stress and tension. This is not a deep pressure massage but rather medium pressure. Emerge with a feeling of total wellbeing.

60 minutes R 1700
90 minutes R 2000

Chinese Stretch

This massage combines a wide variety of massage techniques with acupressure and stretches. It relaxes the muscles, opens up joints and encourages the flow of circulation in the body. After every stretch, hot stones are applied in sweeping movements to prevent any stiffness the next day.

60 minutes R 1700
90 minutes R 2000

Bellabaci

One of the best deep tissue massages available. An ancient technique has found its place in the modern world of healing. This massage incorporates the use of Bellabaci cups to release toxins from the muscles and enhance circulation. It causes a vacuum up to four inches into the tissue, causing it to release toxins and activate the lymphatic system.

60 minutes R 1700
90 minutes R 2000

Aromastone

This relaxing massage includes the use of hot stones and traditional massage. Perfect after a long flight for relaxing aching muscles.

60 minutes R 1700
90 minutes R 2000

Deep Tissue

A full body stress and tension releasing massage.

60 minutes R 1700
90 minutes R 2000

Aromatherapy

Gentle soothing massage strokes are used together with a combination of essential oils to relax, revitalise, rebalance or purify the body.

60 minutes R 1700
90 minutes R 2000

Manual Lymph Drainage

Enjoy this specialised light pressure massage that will help with water retention and aid in removing toxins and waste products from the body.

90 minutes R 2000

Pregnancy Massage

A complete relaxing full body massage using oils safe and effective for pre-natal treatment.

90 minutes R 2000

Back & Neck Massage

A stress and tension releasing massage just focusing on the back and neck.

30 minutes R 1300
45 minutes R 1500



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HAND AND FOOT TREATMENTS

Reflexology

An ancient art of pressure point massage. Restores a sense of balance by targeting specific pressure points on the feet to improve circulation, relieve stress and tension, inducing a wonderful sense of relaxation.

45 minutes R 1200

Manicure

This classic manicure will get nails and cuticles in shape. Hands and arms are softened with a gentle exfoliation followed by a relaxing moisturising massage with your choice of nail colour.

60 minutes R 550

Gelish Manicure

A long lasting LED baked gel polish with your normal classic manicure.

90 minutes R 650

Gelish Dip Manicure

A long lasting powder system with your normal classic manicure.

90 minutes R 650

Pedicure

A traditional pedicure, an exfoliating scrub and invigorating massage energises your feet and soothes the skin. Finish with your choice of nail colour.

60 minutes R 700

Gelish Pedicure

A long lasting LED baked gel polish with your traditional pedicure.

90 minutes R 800

WAXING

Full Leg 60 minutes R 450

1/2 Leg 30 minutes R 400

Bikini Wax 45 minutes R 400

Underarm Wax 30 minutes R 350

Lip Wax 30 minutes R 350

Arm Wax 45 minutes R 400

Back Wax 45 minutes R 450

TINTING

Lash Tint 30 minutes R 300

Brow Tint 30 minutes R 250

Brow Shape 30 minutes R 200

HOURS OF TRADE

Monday - Sunday: 08h00 - 19h00

SPA ETIQUETTE

Booking in advance is recommended. We kindly request punctuality and ask that you arrive 10 minutes prior to your treatment. You are welcome to come down in your robe. Late arrival will result in a reduction of treatment time. Please switch off mobile phones on arrival. Kindly note there are no lock up facilities in the Spa, please leave all your valuables in your room safe.