



THE RITZ-CARLTON SPA

ST. THOMAS

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experience

island indulgence massage	80 min	260
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Treat yourself to complete relaxation with raw, organic, tropically sourced ingredients that feed the skin and nurture the soul. Enjoy a full body aromatherapy massage along with an exfoliating, hydrating foot mask. This escape to paradise concludes with a hot coconut oil hair treatment and scalp massage.

island oasis facial	80 min	260
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Experience organic skincare at its finest while soaking in the scents of the tropics. Allow the healing and anti-aging benefits of citric acid, vitamin C and hyaluronic acid infuse the skin for a glowing effect that is rejuvenating and renewing. In addition, our custom lymphatic facial massage helps to firm, tighten and detoxify the skin. The experience is enhanced by an exfoliating and hydrating hand treatment.

island body scrub	50 min	165
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Using a blend of cold pressed coconut oil and raw sugar, this scrub gently buffs away dry, aging skin cells to reveal brighter, smoother and more youthful skin. The treatment culminates with a deep hydrating tropical lotion.

island renewal wrap	75 min	230
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This tropical indulgence begins with a gentle scrub using raw sugar and cold pressed coconut oils, followed by an application of hydrating body butter. You'll then be enveloped in a warm cocoon, accompanied by a hydrating hair and scalp treatment. A light, gentle massage helps penetrate the body butter, providing deep hydration and leaving skin soft, smooth and radiant.

massage therapy

deep muscle massage	50/80 min	175/235
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Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress, using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

stress relief massage	50/80 min	170/230
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Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

relaxation massage	50/80 min	165/225
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Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

island stone therapy	75 min	225
<i>A therapeutic and rejuvenating massage using warm basalt stones and moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.</i>		
naturally nurtured massage	50 min	160
<i>Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.</i>		
couples' massage	50/80 min	320-350/440-470
<i>Enjoy a massage treatment and share the experience of well-being and relaxation with a friend or someone special in our side-by-side treatment room. Choose from Deep Muscle, Stress Relief, Relaxation, Naturally Nurtured or Reflexology Massages.</i>		
seaside cabana massage	50/80 min	200/260
<i>Experience a full body massage while you indulge in the tranquility of the waves and gentle breezes allowing you to relax and unwind at the water's edge. Can also be shared with someone special as a couples massage.</i>		
reflexology	50 min	160
<i>A blissful treatment to help alleviate aches while relaxing and restoring the body and mind. This treatment uses ancient pressure point techniques applied to the feet to ease pain, promote circulation and inspire deep relaxation. Please note this treatment is not recommended during pregnancy.</i>		
massage enhancements 25		
<ul style="list-style-type: none"> • hot stone muscle melter • moroccan oil scalp treatment • smooth and firm body butter • deep muscle liniment • hand or foot reviver 		

facials

custom facial	50/80 min	165/225
<i>Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs. Includes: brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage. Performed with ESPA products.</i>		
age defying facial	50/80 min	180/240
<i>Instantly combat the most visible signs of aging, smoothing fine lines and reviving youthful radiance to your complexion. Includes: brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask and scalp massage. Performed with ESPA products.</i>		
ultimate radiance and renewal facial	80 min	255
<i>Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event. Includes: brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage. Performed with ESPA products.</i>		

diamond microdermabrasion **50 min** **225**
This resurfacing treatment uses diamond tips to treat acne scars, wrinkles and hyperpigmentation revealing brighter, smoother and younger looking skin. Results are seen after one treatment but a series of six is recommended to maximize results. Includes: cleanse, diamond tip microdermabrasion, mask and cooling finish. Performed with RX Clinical products.

quantum lifting treatment **50 min** **225**
Utilizing heat for stimulation, this lifting treatment provides instant results in the reduction of fine lines, while increasing the skin's natural ability to produce collagen, leaving your skin with a firm, youthful glow. Includes: cleanse, quantum lifting techniques, hydration. Performed with RX Clinical products.

vitamin c facial **50 min** **180**
Essential for healthy skin, Vitamin C hydrates the skin while increasing collagen production, reducing inflammation and creating an overall brighter complexion. Includes: brush cleanse, skin analysis, exfoliation, mask and scalp massage.

facial enhancements 25

- island treasures gold mask
- lifestage anti-aging boosters
- eye and lip contouring mask
- moroccan oil scalp treatment
- berry rejuvenating peel
- hand or foot reliever

body rituals

nourished glow **50 min** **160**
Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage. Includes: full body exfoliation, back massage and oil application.

body balancer **50 min** **165**
Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment. Includes: back exfoliation, back massage, application of facial oil and scalp massage.

dilo after sun wrap **50 min** **165**
Soothe, calm and repair sensitive and environmentally exposed skin with exotic dilo nut oil containing vitamins A, B, C and E combined with aloe vera and essential oils to nourish skin leaving it cool, hydrated and refreshed. Includes: full body application of dilo enriched lotion, body wrap and scalp massage.

detoxifying seaweed wrap **50 min** **165**
Detoxify and re-mineralize the body, increase cellular metabolism and help tighten and firm skin with this effective full body seaweed wrap. Includes: full body application of seaweed, insulated wrap, warm oil hair and scalp treatment.

men's treatments

THE men's massage	80 min	240
<i>The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.</i>		
muscle recovery massage	50/80 min	175/235
<i>Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sport-related tension.</i>		
power hour	50 min	160
<i>Intensely invigorating, this clarifying and smoothing treatment powerfully awakens your body and mind, leaving you ready for anything. Includes: full body exfoliation, back massage, oil application.</i>		
THE men's facial	50 min	165
<i>Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized. Includes: Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage. Performed with ESPA products.</i>		
THE manicure	25 min	35
<i>Essential maintenance for hands. Includes: soak, cut and file, cuticle work, application of hand cream, buff.</i>		
THE pedicure	50 min	65
<i>Maintain amazing results and keep nails in good condition with this conditioning treatment. Includes: soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff.</i>		

hands and feet

ultimate island manicure	50 min	70
<i>This indulgent treatment provides long lasting results using deeply nourishing products of coconut and honey to repair, replenish and condition your nails. Includes: Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, polish or buff.</i>		
ultimate island pedicure	60 min	95
<i>An intensive treatment using deeply nourishing products of coconut and honey to repair, replenish and condition your nails depending on your individual needs. Includes: Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, polish or buff.</i>		
manicure	25 min	40
<i>Essential maintenance for hands. Includes: soak, cut and file, cuticle work, application of hand cream, polish or buff.</i>		
pedicure	45 min	70
<i>Maintain amazing results and keep nails in good condition with this conditioning pedicure. Includes: soak, nail file and shape, exfoliation, application of body cream, polish or buff.</i>		
extended wear polish application		15
<i>A revolutionary power polish. Your nails will have an incredibly durable, chip free finish with superior shine. Includes: Infinite Shine polish application to any nail service.</i>		