



WILLKA T'IKA

ESSENTIAL WELLNESS

IMPORTANT ~ PLEASE READ CAREFULLY

Willka T'ika was originally conceived and is lovingly maintained as a private garden retreat center, and is open only to its registered guests.

Rates include a full vegetarian buffet breakfast, herbal teas and organic coffee. Select rates include a 3-course gourmet vegetarian dinner. Dinner can also be ordered on site one day in advance.

Check-in/Check-out: Check-in after **1:30pm**. Check-out **10:00am**.

We kindly request that guests respect the Willka T'ika Check-Out time, at which time our staff will assist guests for their individual or group transfer to the Cusco airport. For guests that have evening flights from Cusco, a late check-out may be arranged.

Late Check-in: If arriving after 4pm, please call Willka T'ika at the number listed below.

Meal & Tea Times:

Morning tea / coffee: **6:30–9:30am**; Breakfast: **8:30–9:30am**; Afternoon tea/coffee: **3:30–8:30pm**.

Dinner: **6:30–7:30pm**. For those arriving after dinner time, soup can be set aside until 8:30pm.

Hot or box lunch can be ordered for \$10 if reserved the prior evening. Please let us know about special dietary needs or requests at time of booking and every effort will be made to accommodate you.

Payment and Cancellation Policy:

Bookings are nonrefundable sixty days before scheduled arrival. All transfer and transport fees are due with balance due and are nonrefundable. We recommend the purchase of travel insurance.

Cash & Expenditures at Willka T'ika:

Kindly pay your room bill (spa services, bar, store purchases, taxi transfers) the night before departure.

Peruvian banks do not accept worn or torn bills and thus these cannot be accepted at Willka T'ika.

ATM machines are available in Urubamba (2 km). Certain service providers require cash payment.

Tips are at your discretion and are gratefully shared equally among all of Willka T'ika's staff.

Location and Directions:

Willka T'ika Guesthouse is located in the Sacred Valley between Cusco and Machu Picchu, an hour and 15 minute drive from Cusco. Willka T'ika is 2 km from the Urubamba bus terminal on the road to Ollantaytambo, on the left side just after "Paradero de Rumichaca" bus stop. Turn left at the large "Willka T'ika" sign. The entrance gate is 50 m to the left. Ring the bell and someone will answer shortly.

Transfers (Cusco-Willka T'ika): 1-2 guests: \$60; 3-5 guests: \$90. Pay when booking.

Late Flight Arrivals: Please inform Arturo, Reservations Manager at Willka T'ika:

Reservas@willkatika.com Tel: (+51) 84 201 508 Cell: (+51) 984 868 166

Note: The driver will wait an extra hour in case of delay. If it is more than hour after your scheduled flight arrival and the Willka T'ika driver is not at the airport, take a taxi from within the airport compound.

Transport to Tourist Sites: Willka T'ika only uses a reliable, licensed taxi service. Cost varies according to service requested. Approximate transport cost: From \$70 half day to \$110 full day, depending on time and distances requested. Taxi: 2 guests with luggage, 3 without luggage. Small van: 4-8 guests. Local taxis and shared "colectivos" can be procured directly but are far less reliable.

Water:

Water: Drink only boiled or bottled water. At Willka T'ika, we offer free drinking water filtered with the internationally recognized Sawyer filter. Please do not drink tap water.

What to Bring:

Please pack light—dress is informal. At 9,000 ft, the temperature drops after sunset. Layered clothing works best, and warm pajamas for the cool/cold Andean nights. Electric heaters are provided. A flashlight is helpful at night, and slip-on shoes for entering and exiting the yoga and meditation studios.

Wi-Fi:

Willka T'ika maintains a designated Wi-Fi area to preserve the peaceful environment of a retreat center.

Willka T'ika Andean Spa Services:

- Andean Full Body Massage: \$80 for 1 hr.; \$120 for 1½ hr. (With aromatherapy: \$85 for 1 hr.)
- Lymphatic Treatment, Ultimate Relaxer: \$90 for 1 hr.
- Rejuvenating Willka T'ika Facials: \$90 for 1 hr.
- Reflexology w/Maras Salt Scrub & Essential Oils: \$50 for ½ hr.; \$80 for 1 hr.
- Back, Neck and Shoulder Massage: \$50 for ½ hr.; \$80 for 1 hr.
- Hot Incan Stone Massage: \$90 for 1 hr.
- Shiatsu: \$90 for 1 hr.
- Crystal Light Therapy Healing: \$30 for ½ hr. (Wear white or light-colored clothing.)
- Andean Spa Floral Solar Bath: \$50/person/bath. Enjoy this most popular evening activity!

The Willka T'ika Children's Fund, a 501 (c)(3) nonprofit, supports isolated Andean schools and assists Quechua youth and families with emergency situations and education needs. Supplies for schools, children's books in Spanish, art supplies and sturdy second-hand clothing for children are gratefully received and shared with needy communities. Willka T'ika has a small store with unique gifts, high quality silver, and hand-woven cloths made by community parents. All store proceeds support the WT Children's Fund.

Willka T'ika, Peru Office

Tel: (+51) 84 201 508 Email: reservas@willkatika.com

Office Hours: 7am - 5pm; *Please speak slowly and clearly.*

Emergency Cell: (+51) 984 868 166

USA Reservations Office

888 737 8070 (PST) Email: info@willkatika.com

(Office Hours: 9am - 4pm, weekdays)