

## THE VILLAGE SPA



The Village Spa is a serene sanctuary for guests to relax and be pampered in perfect privacy and tranquility. Using only the finest herbal preparations drawn from the Lanna Thai heritage of natural healing, our highly trained therapists will ease away all the stresses and strains of modern life, restoring balance and harmony and a wonderful sense of health, vitality and well being.

The Village Spa's extensive treatment menu includes a wide range of massage therapies, facials, scrubs and wraps as well as carefully-chosen packages to rejuvenate and refresh the body and soul.

At The Village Spa you can relax, unwind and indulge as we pamper you from head to toe.

Spa Opening Hours: Daily from 10:00 – 22:00 hrs.

Enquire about our special packages and monthly promotions.

To make a reservation kindly contact (66 53) 418 896 - 9  
or [reservation@tamarindvillage.com](mailto:reservation@tamarindvillage.com)

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THE VILLAGE SPA

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## A HAVEN FOR THE SENSES

In order to preserve the peace and tranquility of the spa environment and ensure the best possible experience for all our guests, may we offer the following guidelines for your visit:

- ◆ Advance bookings are highly recommended to ensure your preferred time and treatment is available.
- ◆ Arriving 15 minutes prior to your scheduled appointment will allow you time to fill in a consultation card and discuss any concerns you may have with our spa consultants.
- ◆ Guests are asked to refrain from using mobile phones within the spa.
- ◆ Smoking is not permitted in the spa.
- ◆ Valuables and jewellery are best kept in your room's safety box.
- ◆ Pregnancy: Please inform us if you are pregnant so that our spa consultants can guide you in choosing treatments suitable for this special time.
- ◆ Health: Please inform us of any health conditions, allergies or injuries which may affect your treatment experience when you make your booking.
- ◆ Cancellation: Four hours notice is required should you need to cancel or reschedule your appointment.
- ◆ A 50% charge will apply for cancellations of less than four hours notice and a 100% charge will apply for cancellations with no notice.
- ◆ All treatments and services are subject to 10% service charge and applicable government tax.

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## SPA TREATMENT PACKAGE



### TAMARIND PAMPERING

3 hours

THB 4,200 ++

The ultimate relaxation course designed for people looking to escape from life's hectic pace, with a cleansing ritual to slough off dead skin cells, balancing the four elements in the body with a soothing Aromatic Massage and followed by a Rejuvenation facial treatment

### TOP TO TOE

3 hours

THB 4,000 ++

A magnificent spa experience with "head to toe" pampering that begins with a healing head, back, neck and shoulder treatment. Experience the art of foot reflexology that helps to corrects imbalance before relaxing your senses with a facial treatment that leaves you looking and feeling refreshed and confident.

Prices are subject to applicable government taxes and 10% service charge

# BODY TREATMENTS



## **Tamarind Herbal Polish**

60 minutes

THB 1,600 ++

*All skin types except sensitive skin – Natural acid skin polish – Traditional skin resurfacing*

Known for its gentle exfoliating properties, this skin resurface treatment utilizes the application of natural tamarind paste on the skin to disperse binding substances that hold dead cells to the skin and reveal a newer, fresher skin layer.

## **Coffee & Spice Sugar Exfoliating scrub**

60 minutes

THB 1,600 ++

*Dry / Dull skin – Removes flaky dry skin cells - Deodorizes*

This hydrating skin polish combines the properties of ground coffee to detoxify and natural spices to absorb impurities from the skin layer. Crushed sugar crystal gently removes dry skin and flaky skin cells, leaving the skin smooth and lightly hydrated.

# MASSAGE THERAPIES



## The Village Signature Massage

90 minutes

THB 3,200 ++

The blissful signature massage therapy relaxes the body, nourishes the skin and improves the body's circulation system. It combines invigorating massage using hands and the application of heated pouches on the body to soothe tired and tense deep muscle fibers, ease aches and pains, soothe sensory nerve ending, increase body temperature and metabolism, and most of all provides a general feeling of well-being.

## Traditional Thai Massage

60 minutes

THB 1,200 ++

This massage focuses on stretching the muscles and stimulating the natural flow of 'sen sib' or ten energy lines to reduce muscle tension without creation any pain or discomfort while promoting a feeling of deep relaxation.

## Traditional Thai Massage with Luk Pra Kob

90 minutes

THB 2,600 ++

A combination of Traditional Thai Massage and Luk Pra Kob, steamed herbal pouches filled with assorted local tradition herbs of Plai, Kaffir lime, lemongrass, camphor, tamarind leaves and other traditional aromatic plants. This therapy will encourage the body's ability to restore itself according to the principles of traditional Thai healing therapy. The session starts with a traditional Thai massage followed by the herbal massage therapy where warmed herbal pouches are rolled and pressed on specific areas of the body to relax tensed muscles and stimulate blood circulation.

# MASSAGE THERAPIES



## Traditional Thai Massage with Tok Sen

90 minutes

THB 2,600 ++

120 minutes

THB 3,000 ++

A combination of traditional Thai Massage and Tok Sen technique, using a wooden mallet made from the bark of tamarind Tree to gently tap on the body's meridian lines to create a rhythmical vibration in a motion to relieve muscle tension. The session starts with a traditional Thai massage followed by Tok Sen with gentle tapping on your shoulder and back to relax tense muscles and stimulate blood circulation.

## Aromatic Elemental Massage

60 minutes

THB 1,500 ++

90 minutes

THB 2,000 ++

This massage treatment follows the four-element philosophy of the universe and uses the properties of natural aromatic oils carefully blended to harmonize and balance the four elements in the body and bring it back into a state of equilibrium.

## Head, Back, Neck & Shoulder Massage

60 minutes

THB 1,800 ++

A soothing massage specially designed to alleviate head, backaches and shoulder pains. This invigorating massage treatment helps to reduce fatigue and maintains the elasticity of muscle fibers. This therapy stimulates blood flow bringing fresh nutrients and oxygen to the muscles and eliminating waste products.

## Foot Reflexology

60 minutes

THB 1,800 ++

Experiences the art of reflexology which applies medium pressure to specific points on the feet that correspond to the body's vital organs. This technique corrects imbalances and promotes your body's natural self-healing mechanisms by boosting the immune system.

# MASSAGE THERAPIES



## Lanna Exotic Massage

60 minutes

THB 2,000 ++

The treatment combines the healing treatment using Northern Thai “Tok Sen” technique, a gentle tapping to stimulate the body’s meridian lines with a hot aromatic oil massage. Warm oil applied to the skin with long strokes on the back and arms and it made simply relaxation.

## Detoxifying Massage

90 minutes

THB 2,000 ++

Eliminate toxins from your body with this non-oil gentle massage that concentrates on the lymphatic system. By relieving congestion in the tissues and draining the fluid from the lymph nodes, this massage treatment uses special blended oil to aide the natural cleansing process of the body and to promote and overall sense of well being.

## The Classical Massage

90 minutes

THB 2,000 ++

A deep tissue massage, using firm palm strokes and thumb pressure to relieve and heal muscular pains and joint problems. This rejuvenating treatment is recommended for active.

## The Village Hot Stone Massage

90 minutes

THB 2,800 ++

This Deep Heat unique therapy aims to balance and enhance the energy centers of the body called Chakras by using crystallized colored minerals. The stones are warmed and applied on the skin using special strokes which soothes sore muscles, and balances the energy flow throughout the body.

# FACIAL TREATMENTS



## Hydration

60 minutes

THB 2,200 ++

*All skin types – Moisturizing Treatment*

A thirst-quenching facial treatment for dehydrated and dull skins, infusing the skin with a deeper level of hydration that bring back the skin's suppleness and its healthy radiance. With the right amount moisturizing and revitalizing agents, this treatment encourage the skin to absorb essential active ingredients and vitamin for a soft, velvety and radiant skin.

## Rejuvenation

60 minutes

THB 2,600 ++

*Dry and mature skin – Skin firming treatment*

This extremely rich facial treatment is excellent for promoting skin cell rejuvenation. Using the benefits provided by marine algae and other aromatic oils it stimulates cell growth, maintains moisture and suppleness. Its active ingredients work to smooth and firm the skin, leaving it looking and feeling younger. This is an effective therapy to help fight the ill effects of stress on the skin.

## Sensitive

60 minutes

THB 2,600 ++

*Sensitive skin – Skin firming treatment*

An effective treatment that is extra gentle especially for sensitive skin, this facial is also suitable for skin with inflammation, fragile capillaries or other problems caused by sensitivity. This delicate treatment will soothe your skin and give you a fresh radiant look.

## KIDS SPA



*Share the healthful benefits of the spa experience with your kids with these treatments designed especially for them. Kids check in at the Spa Reception. Children must be accompanied by parents or guardian for the duration of their visit. The Village Spa is committed to providing a safe environment for everyone. Therefore, persons age 12 and under who receive closed door spa treatments must have a parent or an adult in the room for the duration of the service.*

### **KIDS OIL MASSAGE**

30 minutes

THB 800 ++

The perfect way to introduce your child to the healing benefits of massage, this experience will help young spa-goers learn to deal with future stress and sports injuries. A parent or guardian must be present for this session. Minimum age 5 years old

Prices are subject to applicable government taxes and 10% service charge