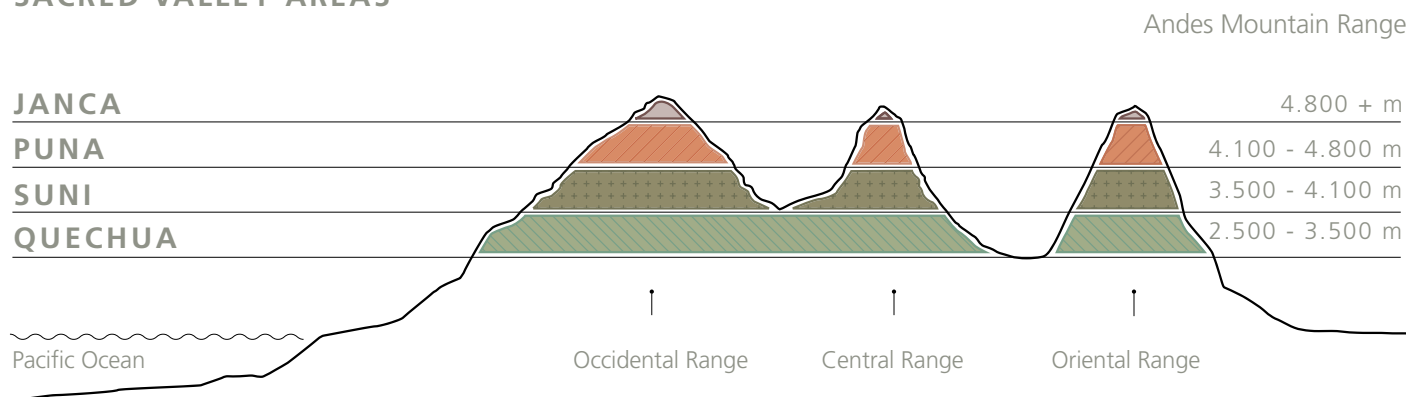


We invite you to get to know this territory in-depth through our explorations. Within it we have highlighted different areas with unique geographical, cultural and biodiversity features. We recommend that you start with expeditions located in the Quechua zone, where explora is based, then to continue with the Suni and Puna areas. In this way, you will get to know the three main areas that represent this destination, appreciate their contrasts, explore the diversity offered by the Sacred Valley and acclimatize to it properly.

SACRED VALLEY AREAS



QUECHUA 2.500 - 3.500 m

The Quechua region is the starting point of all explorations in the Sacred Valley. Following the course of the Urubamba River, this area confronts us with the monumentality of Inca architecture and some of the most important archaeological hubs of Peru, from Pisac to Machu Picchu. As we ascend progressively through cornfields, orchards and villages, we reach some of the most enigmatic and remote Inca remains of the area, such as Pumamarca. By visiting the markets and alleys we get a glimpse of the busy daily life in farming Andean communities, another reminder of the fertility of the land and the richness of its culture.

SUNI 3.500 - 4.100 m

With the valley at its feet, Suni is an ecological zone that is characterized by its transitional nature, somewhere in between the valley and the height of the Puna. In Suni, the most panoramic views unfold, where the undulating plains are crossed by deep gorges. Thus, we perceive the vertical dimension of the valley, one of the central aspects of the Inca worldview. Inca technological knowledge and communal work is evident in the remains of the experimental center of crops in Moray, Salineras de Maras and the fuvial channels of Tipon, active to this day. For expeditions on this terrace, at least one night of acclimatization is recommended, except for the "Amor Violento" and "Huaypo Views" explorations, for which at least two nights of acclimation are recommended.

PUNA 4.100 - 4.800 m

The low humidity and the cold coming from glaciers teach us how difficult life is at this height, a place where mountains appear as permanent companions that protect us, giving rise to the cult of the Apus. The prairie landscape is wide and vast, interrupted only by lagoons, potato crops, small shepherds' buildings and streams or waterfalls caused by the melting of glaciers and the snow that crowns the high peaks. Explorations in the area of the Puna go through narrow shepherd mountain trails, inviting the travel-er to relax, to walk calmly, breathe deeply, and enjoy the perspectives and colors.

Difficulty Level



Type of exploration



QUECHUA 2.500 - 3.500 m

HIKES	Cultural	Archaeological	Nature	Family	Difficulty	Type
Arin			✓	✓	● ○ ○ ○ ○	HD
Huertos de Yucay		✓	✓	✓	● ○ ○ ○ ○	HD
Ollantaytambo	✓	✓		✓	● ○ ○ ○ ○	HD
Salineras	✓	✓		✓	● ● ○ ○ ○	HD
Pumamarca		✓	✓	✓	● ● ○ ○ ○	HD
Machu Picchu-Inti Punku		✓			● ● ○ ○ ○	FD
Pumatambo	✓	✓	✓	✓	● ● ○ ○ ○	FD
BIKE RIDES	Cultural	Archaeological	Nature	Family	Difficulty	Type
Río Urubamba			✓	✓	● ○ ○ ○ ○	HD
Cuesta del Sapo			✓		● ● ○ ○ ○	HD
COMBINATIONS	Cultural	Archaeological	Nature	Family	Difficulty	Type
WALK & RIDE						
Moray Avalanche		✓	✓		● ● ○ ○ ○	FD
Between Mountains		✓	✓		● ● ○ ○ ○	FD
OVERLAND	Cultural	Archaeological	Nature	Family	Difficulty	Type
Machu Picchu		✓		✓	● ○ ○ ○ ○	FD
Valle Sur		✓		✓	● ○ ○ ○ ○	FD
Pisac	✓	✓		✓	● ○ ○ ○ ○	HD
SELF GUIDED	Cultural	Archaeological	Nature	Family	Difficulty	Type
Caminata Urquillos	✓		✓	✓	● ○ ○ ○ ○	HD
Bicicleta Urquillos	✓		✓	✓	● ○ ○ ○ ○	HD
La Capilla	✓		✓	✓	● ○ ○ ○ ○	HD

SUNI 3.500 - 4.100 m

HIKES	<i>Cultural</i>	<i>Archaeological</i>	<i>Nature</i>	<i>Family</i>	<i>Difficulty</i>	<i>Type</i>
Racchi	✓		✓	✓	● ○ ○ ○	HD
Machu Kolka		✓	✓		● ○ ○ ○	HD
Moray		✓		✓	● ○ ○ ○	HD
Chincheru	✓	✓			● ● ○ ○	HD
Senderito de Písaq		✓	✓		● ● ○ ○	FD
Colores de Huaypo		✓	✓	✓	● ● ○ ○	FD
Maras Plateau	✓	✓		✓	● ● ○ ○	FD
Amor Violento	✓	✓	✓		● ● ○ ○	FD

BIKE RIDES	<i>Cultural</i>	<i>Archaeological</i>	<i>Nature</i>	<i>Family</i>	<i>Difficulty</i>	<i>Type</i>
Huayna Kolka			✓		● ● ○ ○	HD
Huaypo Views			✓		● ● ● ○	FD

COMBINATIONS	<i>Cultural</i>	<i>Archaeological</i>	<i>Nature</i>	<i>Family</i>	<i>Difficulty</i>	<i>Type</i>
WALK & RIDE						
The Mita		✓	✓		● ● ○ ○	FD

OVERLAND	<i>Cultural</i>	<i>Archaeological</i>	<i>Nature</i>	<i>Family</i>	<i>Difficulty</i>	<i>Type</i>
Pirka	✓	✓		✓	● ○ ○ ○	FD
Cusco	✓	✓		✓	● ○ ○ ○	FD
Chincheru	✓	✓		✓	● ○ ○ ○	HD
Moray y Salineras	✓	✓		✓	● ○ ○ ○	HD

PUNA 4.100 - 4.800 m

HIKES	Cultural	Archaeological	Nature	Family	Difficulty	Type
La Verónica			✓	✓	● ● ○ ○	FD
Paru			✓		● ● ○ ○	FD
5 Lagunas			✓	✓	● ● ○ ○	FD
Lloclla			✓		● ● ○ ○	FD
Tastayoc			✓		● ● ● ○	FD
Stream to Cusco		✓	✓		● ● ● ○	FD
Huchuy Qosqo		✓	✓		● ● ● ○	FD
Incañán			✓		● ● ● ●	FD
Pachatusan		✓	✓		● ● ● ●	FD

BIKE RIDES	Cultural	Archaeological	Nature	Family	Difficulty	Type
Qenqo			✓		● ● ● ●	FD

COMBINATIONS	Cultural	Archaeological	Nature	Family	Difficulty	Type
WALK & RIDE						
Inca Tracks			✓		● ● ● ●	FD

OVERLAND	Cultural	Archaeological	Nature	Family	Difficulty	Type
Valle de la Papa	✓	✓	✓	✓	● ○ ○ ○	FD

We provide a daily selection of explorations for you to decide how to explore this destination.